

We all need a place to land. A place to consciously breathe. A soft space where we can take the time to bring balance to our lives, to notice the subtleties of our bodies, minds, and spirits. A landing that provides us the time to appreciate the beauty of what lies within us and bridge us towards the spectacular nature of everything around us.

For many of us, we have such landing spaces in our home environments. But, sometimes we we need a true retreat. A chance to come upon an open landing, with little reminisces of our every day lives, where we can rejuvenate every inch of our entirety through the innate power of yoga, a practice that brings wealth to our entire being.

And this is what The Butterfly Landing is all about. The Butterfly Landing Yoga and Wellness Studio was built to provide a landing space for every practitioner, from advanced yogis to complete beginners. Yoga is infinite, and we are all on different journeys, which is exactly why The Butterfly Landing aims to bring multi-level classes and retreats to life.



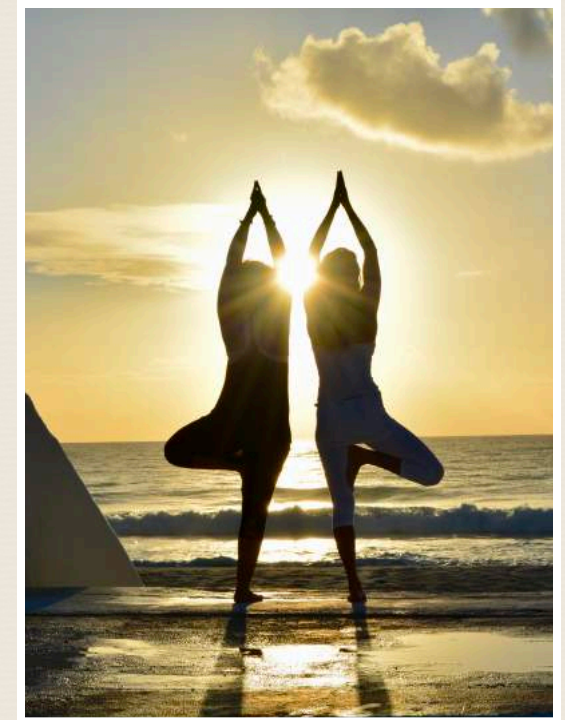
HACIENDA DEL SECRETO



Hacienda del Secreto is a Boutique Resort consisting of 5 luxury oceanfront villas, an event palapa and The Butterfly Landing Yoga and Wellness studio. Each villa of Hacienda del Secreto comes with all the amenities of a 5-star resort, yet the advantage of staying at your own private home/room. Hacienda del Secreto is the jewel of Playa del Secreto; we invite you to come and #stayatsecreto for a memorable and relaxing vacation at our luxury ocean front homes.

THE BUTTERFLY LANDING
on the grounds of Hacienda del Secreto
www.haciendadelsecreto.com

RETREAT TO THE MAYAN RIVIERA



Retreat to the Mayan Riviera of
Mexico with
Hayat Hakim & Allison Janssen
August 24-28th and
October 5-9th, 2017.
“Stirah Sukha Asanam”



JOIN US FOR A YOGA ADVENTURE

For more information and to book your upcoming retreat with us to The Butterfly Landing of Hacienda del Secreto, please visit either of the following websites for instructions or email us at thebutterflylanding@gmail.com. We can't wait to share this experience with you! Om Shanti!

www.thebutterflylanding.com www.hayatayogadance.com



Limited spaces available for each retreat.

What your retreat will include:

Accommodations for 4 nights, all meditations sessions, all yoga classes, 3 meals per day, staff tip, unlimited bottled water and with service.

Room Accommodations by price:

Grand Master Suite (2 available)

Single Occupancy: \$2,090.00

Double Occupancy: \$1,380.00

Master Suite (3 available)

Single Occupancy: \$1,830.00

Double Occupancy: \$1,250.00

Mid-Suite (6 available)

Single Occupancy: \$1,630.00

Double Occupancy: \$1,150.00

Lower Suite (3 available)

Single Occupancy: \$1,370.00

Double Occupancy: 1,020.00

Mixed Dorm: \$903.00 Per Person (4 beds available)

FEEL LIGHT, SHINE BRIGHT YOGA RETREAT

AUGUST 24-28, 2017

Join us in a 5 day, 4 night yoga retreat, where together we will embark upon an inward journey, unfolding the joy, light, and wonder that already exists within each one of our unique spirits. Our days will be filled with sunrise meditations, twice daily asana practice, delicious whole food, and plenty of time for oceans waves and chill vibes.

PEACE, PLAY AND FLOW YOGA RETREAT

OCTOBER 4-9, 2017

Join us for a 5 day and 4 night yoga retreat, where together we'll enjoy beautiful days, exploring the art of peace, the playful nature of life and the joyful flow of dance. Expect sunrise meditations, full moon manifestations, twice daily asana practice, whole foods, ocean goodness & a landing space that promotes rest.

MORE ABOUT YOUR GUIDES IN A FEW HASHTAGS:

Hayat Hakim, Inspiring 500RYT: #SunriseChaser
#YogaLover #EnergyWorker #DancingYogi

Allison Janssen 200RYT: #AYellowButterfly
#WeAreAllIOM #BackpackEarth #Yoga4Life



Unfold the fluidity and lightness of your body, mind and soul.



Morning meditations bring forth awareness and bright understanding.



Moments of peace in the sanctuary of The Butterfly Landing await you.



Life is best in balance: what a better way to balance peace than the flow of dance.



Hayat Hakim, Inspiring 500HR, Registered Yoga Teacher



Allison Janssen, 200HR Registered Yoga Teacher